

# COSHH

- Video
- SCORM
- Classroom
- Interactive Standard



Hazardous substances can threaten short or long term health. There are thousands of accidents every year involving hazardous substances. This course is designed to raise awareness of the key points in the safe handling and use of hazardous substances that could harm you or your workmates.

## Course Content:

### Introduction to COSHH

- What is COSHH?
- Legislation

### Hazardous Substances

- What are hazardous substances
- How do they get into your body

### Effects on the body

- The heart, lungs, skin, kidneys and nervous system
- Acute effects
- Chronic effects

### Risk Assessment

- How to conduct a step-by-step guide
- Risk control

### Personal Protective Equipment

- What is PPE?
- Different types of PPE for the body
- Who is it for?
- Any worker who has to deal with hazardous substances
- Ideal for new workers or for refresher training

### Duration:

- 40 minutes

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